## Book Review

## THE THIRD EYE

A UNIVERSAL SECRET REVEALED

## Master Del Pe, MDP BElife India Private Limited, 2010 First Edition, pp.303+xix, Rs.750/-

This book has been written by Master Del Pe based on more than two decades of original research, experimentation, personal experiences, and training with four enlightened Masters from the East. The book contains 35 Third Eye illustrations, 20 Kundalini and Sacred Fire Graphics, 9 diagrams of the different aura designs, and 8 key virtues to achieve self mastery.

There are four other books authored by Master Del Pe which are unique in nature and all these books of Master become more useful if one has attended his training programs pertaining to the book. I am fortunate to have attended many training programs of Master Del Pe including the Mastering Third Eye which has prompted me to write this book review. Hence this book review is not only from the perspective of a reader but also a practitioner of Third Eye trained by Master Del Pe. I have experienced the power of using Third Eye.

There are eleven chapters in the book followed by two addendums, glossary, end notes, and index. Chapter 1 to 4 deals with the internal factors affecting Third Eye development such as levels of human development, the 7 rays of human temperament and your invisible energy anatomy. Chapter 5 discusses the critical relationship between Kundalini development and construction of the Third Eye. The power of Third Eye becomes stronger with the development of Kundalini. I have experienced the heat of Kundalini fire when it is brought up to use the Third Eye.

Chapter 6 is dedicated to the advanced spiritual anatomy, which contributes greatly to the development and quality of the Third Eye. Chapter 7 explores various spiritual tools that need to be developed in cooperation with the Third Eye and the do's and don'ts of their use. Chapter 8 gives specific techniques to construct and develop the Third Eye.

Chapter 9 deals with the character building of an individual who is on a spiritual path and 8 key virtues for self mastery needed for safe development of the Third Eye powers, as well as for daily life. Chapter 10 tells about what a person can do with Third Eye in his/her daily life. Chapter 11 provides a vision of how humanity would use the Third Eye in the future.

One of the most important roles of this book is to offer practical training to unfold your Third Eye safely and effectively. It also emphasizes the positive uses of the Third Eye for greater and higher service in line with each reader's level of personal development.

I recommend this book as a must to read book for all those who wish to maximise their efficiency and effectiveness in the material world using the spiritual technologies.

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